

# Agile & Scrum 101

## The Perfect Starter Course

*AGILIZE*  
your team.



*GROW*  
into a productivity powerhouse.

### Course overview

1-day course to provide participants with the knowledge and skills required to apply Agile and Scrum to their work and apply it in ways that delivers business results. They will understand the value of adopting Agile mindsets and how it is used in project or product deliveries to keep stakeholders and customers happy. The Agile & Scrum 101 course teaches a new way of working that increases team collaboration and enables hyper-productivity within teams.

This course will give participants the knowledge and tools to:

- Recognise the common misunderstandings in Agile and Scrum and learn to run Scrum.
- Improve team collaboration to get work done faster and better.
- Work as team members to deliver value through in-class activities.
- Eliminate task and activities that do not generate real value for the organization.

This course is a face-to-face interactions that encourages active learning and collaborations. Participants will gain access to offline learning material and videos post workshop to help them get started.

### Who should attend

- Professionals who want to start working in or with a Scrum team.
- Team members who want to improve collaboration and deliver better results.
- Product developers who want to exceed stakeholders' and customers' expectations.
- Project managers who need to meet project deadlines.
- Anyone who wants to understand the benefits of the Scrum way of working.

### Solve problems like:



Project Delay



Lack of team collaboration



Frustrating communication



Demotivated teams

## Highly-interactive learning

This course is designed to encourage a hands-on learning approach. Participants will work together in teams to solve problems and achieve outcomes.



## Revolutionary O2O learning

A revolutionary learning model to improve your knowledge retention. Enjoy the flexibility and freedom of offline learning, combined with the hands-on activities of a live face-to-face class.

## Endorsed by Dr. Sutherland

As one of the regional partners of Scrum Inc., we educate participants to understand the original True Scrum knowledge that Dr. Sutherland created.



## Lead course designer

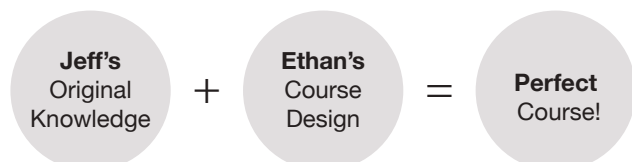


### Ethan Soo

Registered Scrum Fellow & Asia Pacific Region Partner Scrum Inc.

As Darren LaCroix once said, "to be the best, learn from the best". At CI Agile, all Agile and Scrum courses are designed by one of the most experienced and successful Scrum trainers in Asia, Ethan Soo.

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## What industrial leaders say



**Jeff Sutherland**  
Founder and Chairman  
Scrum Inc.

Ethan recently spent two days in Tokyo with me planning his classes. Having reviewed the plan carefully, I strongly recommend training with Ethan. These will be excellent courses.



**Mike Cohn**  
Co-founder  
Scrum Alliance

Ethan has been a strong proponent of doing Scrum well and has been of great assistance to Chinese companies looking to improve their use of Scrum and Agile approaches.

# Course learning objectives

At the end of this course, you will be able to:

- Cultivate agile mindsets by adapting to change and delivering incremental value.
- Understand how True Scrum is different from the traditional waterfall project management.
- Deliver projects or products as a hyper-productive team member in a Scrum Team.
- Learn the importance of team collaboration and how to facilitate better team performance.
- Practice the 3 pillars of Scrum (transparency, inspection and adaptation) and familiarise with the 5 events and 3 artefacts.



## Course outline

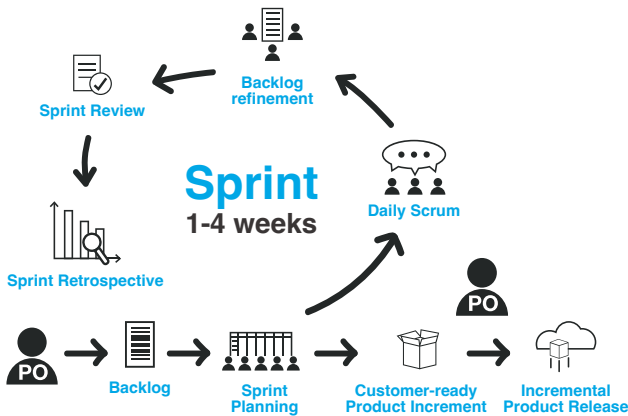


Diagram 1: Sprint Cycle

### Module 1

#### What is Agile and Scrum?

- Learn about Agile and the importance to adopt agile mindsets in current ever-changing world.
- Learn about how project management delivery could benefit from adopting Agile and Scrum.
- Understand how the biggest companies in the world use Scrum to remain competitive in an increasingly fast-paced economy.

### Module 2

#### How Scrum Operates and Why it Works?

- Learn about how Scrum is used to build hyper-productive work systems.
- Learn the importance of the Scrum theory, value and teams through an interactive, in-class activity.
- Discover the three pillars of Scrum: transparency, inspection and adaptation.
- Understand why the Scrum theory works to achieve the best possible outcome from the Scrum framework.
- Learn the Scrum values and how it gives direction to how a Scrum team works, behaves, and executes tasks.

### Module 3

#### How to Run Successful Scrum?

- Work together to collaborate in a series of Sprint cycles (diagram 1)
- Learn to deliver final product from planning, development to production.
- Gain understanding to effectively implement Scrum through the five key events.
- Gain knowledge and hands-on experience as a team member in a Scrum Team.
- Understanding the roles of team leaders in Scrum, specifically the Product Owner and Scrum Master.